

Support Art Therapy Studio

We serve a diverse population and strive to provide access to quality art therapy regardless of socio-economic barriers. Please consider making a tax deductible donation to support our efforts for greater access.

- I would like to donate \$175.
This gift will cover the cost of one individual to participate in 10 weeks of art therapy.
- I would like to provide a different, one-time donation in the amount of:
 - \$50 \$100 \$500
 - other amount: _____

Method of Payment

- Check Credit Card

Name

Billing Address

Credit Card Number

Expiration date _____ CVV _____

Thank you for your donation. Please complete this form and mail to Art Therapy Studio at 12200 Fairhill Road, Suite C155, Cleveland, OH 44120. Make checks payable to Art Therapy Studio. Donate today at <http://bit.ly/SupportArtTherapyStudio>

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Cleveland, OH

Our Mission: Enhancing the quality of life for all people through art therapy.



SINCE 1967
12200 Fairhill Rd
Cleveland, OH 44120
(216) 791-9303
arttherapystudio.org

Follow Us!






Growth. Healing. Wellness.

Community Art Therapy Programs



2023 Winter Schedule

Discover Wellness Through Art Therapy

Since 1967, Art Therapy Studio has offered innovative art therapy programs to thousands throughout the Greater Cleveland area. Our Community Art Therapy Programs are facilitated by credentialed art therapists and designed to provide a therapeutic approach to artmaking. Our programs are open to everyone including those with physical, emotional, or cognitive needs, as well as those curious about experiencing the benefits of visual self-expression. No art skills needed & supplies are included. Financial assistance is available based on income. Please contact us for more details.

Please review our group programs available in this brochure. If you are interested in Individual Sessions, please call our Studio Coordinator at 216-791-9303 for more information or to schedule a free consultation.

Featured Cover Artist

Autumn Leaves

Painted by Marc Ranallo

Marc is an experienced painter who enjoys working in acrylics. In *Autumn Leaves*, inspired by his love of nature and affinity for working in landscape, Marc wanted to capture the fleeting beauty of the changing fall leaves. Marc's use of warm oranges and yellows stands as a stark contrast to the dark earthtones and sky blues, perfectly capturing the energy of a beautiful fall day.

2023 Winter Schedule

Sessions run January 8 - March 15

Each program is \$175 unless otherwise noted. Art therapists listed are subject to change. Unless otherwise noted, all programs are for ages 18+ only.

For more information, or to register, call 216-791-9303 or visit arttherapiststudio.org.

Registration ends December 16th.

Puzzle piece next to group description indicates sensory friendly sessions. Please contact us for more information.

Monday

Painting & Drawing

Increase confidence in your artistic identity by exploring the basics of drawing, acrylic, and watercolor painting.
Art Therapist: Amber McElreath, MA, ATR-BC
10:00 am – 12:00 pm

Quiet Painting & Assemblage

Whether you're a beginner or a more experienced artist, come explore the process of painting or assemblage with guidance and encouragement in a quiet, low-key environment.
Art Therapist: Amber McElreath, MA, ATR-BC
1:00 – 3:00 pm

**Art Therapy Studio is
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Tuesday

Discover The Artist Within You – \$145

This structured program is designed for people with physical, cognitive, or medical challenges. Participants will use a variety of different art materials to build confidence and work to strengthen problem-solving skills, decision making, and planning in a supportive environment.
Art Therapist: Kim Gazella, MA, ATR-BC
10:30 am – 12:00 pm OR
1:00 – 2:30 pm* (virtual)

Tuesday Painting & Drawing

Enjoy the small group setting with guided art directives to explore yourself and your life using drawing and painting.
Art Therapist: Amber McElreath, MA, ATR-BC
10:00 am – 12:00 pm* (virtual)

Tuesday Open Studio

Explore printmaking, drawing, painting, or collage in a flexible and highly social open studio experience.
Art Therapist: Briannia Love, MA, ATR
1:00 – 3:00 pm

Quiet Open Studio

Whether you're a beginner or a more experienced artist, receive virtual guidance in a quiet, low-key environment.
Art Therapist: Amber McElreath, MA, ATR-BC
1:00 – 3:00 pm* (virtual)

Wednesday

Media Sampler

Explore a variety of media including acrylic and watercolor painting, collage, fabric/textiles and beads, in a supportive, positive setting.
Art Therapist: Kim Gazella, MA, ATR-BC
10:00 am – 12:00 pm

Creative Clayworks – \$195

Explore using clay for self-expression using basic hand building and glazing techniques, along with an introduction to wheel throwing and slip casting.
Art Therapist: Briannia Love, MA, ATR
1:00 – 3:00 pm

Thursday

Thursday Jewelry Sampler

Explore jewelry making using a variety of beads and stringing materials to create bracelets, necklaces, and earrings in a relaxing environment.
Art Therapist: Diane Troyer, MA, ATR-P
10:00 am – 12:00 pm

Thursday Ceramics – \$195

Explore using clay for self-expression, with basic hand building and glazing techniques, along with an introduction to wheel throwing.
Art Therapist: Kim Gazella, MA, ATR-BC
1:00 – 3:00 pm

**Bay Foundation
Hankins Foundation
Jochum-Moll Foundation
Paintstone Foundation**



Friday

Friday Open Studio

Enjoy the small group setting with personalized guidance to explore drawing, painting, collage, or printmaking for self-expression and relaxation.
Art Therapist: Kim Gazella, MA, ATR-BC
10:00 am – 12:00 pm

Freestyle Fridays

Express yourself through art in an open studio with a social and energetic atmosphere.
Art Therapist: Diane Troyer, MA, ATR-P
1:00 – 3:00 pm

Saturday

Teen Open Studio

This expressive art therapy group is aimed at giving teens an outlet for creative and emotional expression in a social, positive environment. Explore drawing, painting, and other various artistic media together in a supportive setting. Ages 13-17.
Art Therapist: Michelle "Starr" Starling, MA, MEd
10:00 – 11:30 am

Saturday in the Studio

Enjoy the small group setting with personalized guidance to explore art-making for self-expression and relaxation.
Art Therapist: Michelle "Starr" Starling, MA, MEd
12:00 – 2:00 pm



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