

# Support Art Therapy Studio

We serve a diverse population and strive to provide access to quality art therapy regardless of socio-economic barriers. Please consider making a tax deductible donation to support our efforts for greater access.

- I would like to donate \$175.  
This gift will cover the cost of one individual to participate in 11 weeks of art therapy.
- I would like to provide a different, one-time donation in the amount of:
  - \$50  \$100  \$500
  - other amount: \_\_\_\_\_

### Method of Payment

- Check  Credit Card

### Name

\_\_\_\_\_

### Billing Address

\_\_\_\_\_

### Credit Card Number

\_\_\_\_\_

Expiration date \_\_\_\_\_ CVV \_\_\_\_\_

Thank you for your donation. Please complete this form and mail to Art Therapy Studio at 12200 Fairhill Road, Suite C155, Cleveland, OH 44120. Make checks payable to Art Therapy Studio.

Donate today at  
<http://bit.ly/SupportArtTherapyStudio>



12200 Fairhill Rd  
Cleveland, OH 44120  
(216) 791-9303  
[arttherapystudio.org](http://arttherapystudio.org)



**Our Mission:** To enhance individuals' quality of life through therapeutic art.



# Growth. Healing. Wellness.

## Community Art Programming

### 2020 Winter Schedule



## Discover the Artist Within You

For more than 50 years, Art Therapy Studio has offered innovative community-based art therapy programs to thousands throughout the Greater Cleveland community. Our “Discover the Artist Within You” community art therapy classes are lead by credentialed art therapists and designed to provide a therapeutic approach to art making.

Located in a safe, intimate, and welcoming environment, throughout four geographically accessible areas, our classes are open to everyone; including those with physical, emotional, or cognitive needs, as well as those curious about embracing the benefits of therapeutic art-making.

All necessary supplies are provided with every class and income-based scholarships are available.

Discover a wellness-based approach to your health. Discover the Artist Within You!

## Featured Cover Artist

### Severance Fountain

Painted by Michael B. Klein

Much of Michael B. Klein's work focuses on nature and daily scenes, the compositions of which draw you into the subject and engage you in a palette of emotions. In Klein's *Severance Fountain* both the mood and starkness of winter in Cleveland is reflected. The grey and blue hues of the sky and ground melt into each other creating an austere landscape, interrupted only by the sparse young tree in the background, reminding us spring will return.

Non Profit  
US Postage  
PAID  
Permit #131  
Cleveland, OH

# 2020 Winter Schedule

Sessions run January 6-March 20

All programs take place at our Studio located in The Fairhill Partners Building at 12200 Fairhill Road, Room C153, Cleveland unless otherwise noted.

## Monday

### Quiet Painting Group – \$175

Whether you're a beginner or a more experienced student, come explore the fundamentals of painting with instruction and guidance in a quiet, low-key environment. Learn about a new artist and painting style each week, and choose to work in their style or your own.

1:00-3:00 pm

## Tuesday

### Painting & Drawing – \$175

Develop your own drawing style as we use simple exercises to learn the basics of how to draw. We will also explore the basics of acrylic and watercolor painting.

10:00-12:00 pm

### Open Studio – \$175

Enjoy the small group setting with personalized guidance to explore drawing, painting, collage, or printmaking for self-expression or relaxation.

10:00-12:00pm at Ursuline College\*

1:00-3:00 pm at Art Therapy Studio

1:00-3:00 pm at Ursuline College\*

\*Open Studio sessions held at Ursuline College are located inside the Parker Hannifin Building, Room 305, 2550 Lander Road, Pepper Pike.

### Discover The Artist Within You – \$145

This class is designed to help people with specific needs, including those affected by an accident, stroke, or chronic illness, including cancer. Develop your own style in a relaxed and supportive setting using various media and techniques.

Two separate sessions are available at MetroHealth Senior & Wellness Center, please see times offered below.

10:30-12:00 pm; 1:00-2:30 pm

Discover the Artists Within You sessions take place at MetroHealth Senior & Wellness Center, Old Brooklyn Campus, Room Room ST-025, 4229 Pearl Road, Cleveland.

### Breathe, Relax, Create – \$145

Stress can block the creative process. Explore how deep breathing and meditation can enhance creativity and self awareness prior to drawing, painting and collage making.

5:30-7:00 pm

## Wednesday

### Media Sampler – \$175

Explore a variety of media including acrylics, various drawing methods, watercolors, or combine it all in your own mixed-media artwork.

Located at SPACES, 2900 Detroit Avenue, Cleveland

11:00-1:00 pm

### Assemblage – \$175

Assemblage is a type of sculpture where you make artwork out of discarded objects or odds-and-ends. Come get encouragement and some guidance in creating an assemblage you've designed yourself.

10:00-12:00 pm

### Creative Clayworks – \$195

Explore the basics of building clay pieces by hand, successful glazing, and utilizing mixed media to express yourself and your style.

1:00-3:00 pm

## Thursday

### Fiber Arts – \$195

Explore the use of yarn, fiber and fabric for self-expression and relaxation. Discover ways to weave, stitch and collage with fiber while taking advantage of the sensory and textural qualities of fiber arts.

1:00-3:00 pm

## Friday

### Open Studio – \$175

Enjoy the small group setting with personalized guidance to explore drawing, painting, or collage for self-expression or relaxation.

10:00-12:00 pm

### Freestyle Fridays – \$175

Whether your interest lies in painting, drawing, or mixed media; we can guide you to create distinctive artworks.

1:00-3:00 pm

### Kid's Creative Friday – \$145

This class is designed for children between the ages of 8-12 years old. It will focus on creative self-expression and positive sensory experiences using a wide range of media including air dry clay, paint, and mixed media.

4:00-5:00 pm

- No art skills needed
- Supplies included
- Financial Assistance is available based on income. Please contact us for more details.
- Payment for programs are due at the time of registration. There will be no make-up classes or refunds
- Class Confirmation: we do not mail confirmation of program registration. We will only contact you if a class is filled or canceled.
- Space is limited and classes fill up quickly! Register for Winter programs by December 20th. Please register by calling 216-791-9303 or visiting <http://bit.ly/ATSWinter2020>.
- Please send program fees to Art Therapy Studio at 12200 Fairhill Road, Cleveland, OH 44120 or by paying at the time of registration on our website.

Art Therapy Studio is  
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The Hankins Foundation



The Jochum-Moll  
Foundation

