

Support Art Therapy Studio

We serve a diverse population and strive to provide access to quality art therapy regardless of socio-economic barriers. Please consider making a tax deductible donation to support our efforts for greater access.

- I would like to donate \$175.
This gift will cover the cost of one individual to participate in 11 weeks of art therapy.
- I would like to provide a different, one-time donation in the amount of:
 - \$50 \$100 \$500
 - other amount: _____

Method of Payment

- Check Credit Card

Name

Billing Address

Credit Card Number

Expiration date _____ CVV _____

Thank you for your donation. Please complete this form and mail to Art Therapy Studio at 12200 Fairhill Road, Suite C155, Cleveland, OH 44120. Make checks payable to Art Therapy Studio. Donate today at <http://bit.ly/SupportArtTherapyStudio>

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Our Mission: To enhance individuals' quality of life through therapeutic art.



12200 Fairhill Rd
Cleveland, OH 44120
(216) 791-9303
arttherapystudio.org

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ART
THERAPY
STUDIO

SINCE 1967

Growth. Healing. Wellness.

*Community
Art Therapy
Programs*

2020 Summer Schedule



Discover Wellness Through Art Therapy

Since 1967, Art Therapy Studio has offered innovative art therapy programs to thousands throughout the Greater Cleveland community. Our Community Art Therapy Programs are facilitated by credentialed art therapists and designed to provide a therapeutic approach to artmaking.

We are dedicated to the safety and well-being of our community. In response to the limitations caused by COVID-19, Art Therapy Studio has created a hybrid of in-person and virtual programs to ensure social distancing and allow vulnerable artists to attend the programs they need from the safety of their own homes. A Blick Art Materials kit will be mailed to artists participating remotely. Our programs are open to everyone including those with physical, emotional, or cognitive needs, as well as those curious about experiencing the benefits of visual self-expression.

Featured Cover Artist

Joyous

Painted by Linda Green

Linda Green is a mixed media artist. Many of her pieces are steeped in symbolism and she often employs elements of folk art, word art, and storytelling. Green's "Joyous," created in the word art style, is a celebration of the intrinsic beauty of certain words and the power they hold. At a time when things are so uncertain, "Joyous" is a good reminder for all of us to find our inner joy.

2020 Summer Schedule

Sessions run July 6 - September 18

Virtual Participation is now Available for All Programs. Your art therapist will connect with you individually to get you set up to participate.

Monday

Quiet Painting & Assemblage Group – \$160

Whether you're a beginning or a more experienced student, come explore the process of painting or assemblage with guidance and encouragement in a quiet, low-key environment.

1:00-3:00 pm

No session Labor Day, September 7th. Art Therapy Studio will be closed this date.

Tuesday

Discover The Artist Within You – \$145

This class is designed to help people with specific needs; including those affected by an accident, stroke, or chronic illness, including cancer. Develop your own style in a relaxed and supportive setting using various techniques.

10:30am-12:00 pm; 1:00-2:30 pm*

**Due to the limitations caused by COVID-19, Discover the Artist Within You will be conducted virtually and not in person.*

All programs take place at our Studio located in The Fairhill Partners Building at 12200 Fairhill Road, Room C153, Cleveland unless otherwise noted.

Painting & Drawing – \$175

Increase confidence in your artistic identity by exploring the basics of drawing, acrylic, and watercolor painting.

10:00am-12:00 pm

Open Studio – \$175

Enjoy the small group setting with personalized guidance to explore drawing, painting, collage, or printmaking for self-expression or relaxation.

10:00am-12:00pm*

1:00-3:00 pm at Art Therapy Studio

Quiet Painting Group – \$175

Whether you're a beginner or a more experienced student, come explore the process of painting with guidance in a quiet, low-key environment.

1:00-3:00 pm*

**Due to the limitations caused by COVID-19, the morning Tuesday Open Studio program and Tuesday Quiet Painting Group will be conducted virtually and not in person.*

Wednesday

Media Sampler – \$175

Explore a variety of media including acrylics, various drawing methods, watercolors, or combine it all in your own mixed-media artwork.

10:00am-12:00 pm*

**Due to the limitations caused by COVID-19, the Media Sampler program will be conducted at the Fairhill Studio instead of SPACES. Virtual participation available.*

Creative Clayworks – \$195

Explore using clay for self-expression and connect with your creative self using basic clay building techniques.

1:00-3:00 pm

Thursday

Breathe, Relax, Create – \$145

Stress can block the creative process. Explore how deep breathing and meditation can enhance creativity and self awareness prior to drawing, painting and collage making.

5:30-7:00 pm*

**Due to the limitations caused by COVID-19, the Breathe, Relax, Create program will be conducted virtually and not in person.*

Friday

No sessions on Friday, September 11th.

Open Studio – \$175

Enjoy the small group setting with personalized guidance to explore drawing, painting, collage, or printmaking for self-expression or relaxation.

10:00am-12:00 pm

Freestyle Fridays – \$175

Express yourself your way in this social, high energy open studio.

1:00-3:00 pm

Individual Art Therapy - \$80 per session

Art Therapy Studio is now offering Individual Sessions virtually (or in-person) with a credentialed art therapist. Sessions are one hour and those interested must be willing to commit to at least 4 sessions of treatment. **Art supplies will be provided, and income-based financial assistance is available.**

- **Virtual participation is available for all programs. Call 216-791-9303 for more details**
- No art skills needed
- Supplies included
- Financial assistance is available based on income. Please contact us for more details.
- Payment for programs are due at the time of registration. There will be no make-up classes or refunds.
- Class confirmation will be emailed July 1st. We will also notify participants if a class is filled or canceled.
- Space is limited and classes fill up quickly! Register for Summer programs by June 29th. Please register by calling 216-791-9303 or visiting <http://bit.ly/ATSSummer2020>

Art Therapy Studio is
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