

Support Art Therapy Studio

We serve a diverse population and strive to provide access to quality art therapy regardless of socio-economic barriers. Please consider making a tax deductible donation to support our efforts for greater access.

- I would like to donate \$175.
This gift will cover the cost of one individual to participate in 10 weeks of art therapy.
- I would like to provide a different, one-time donation in the amount of:
 - \$50 \$100 \$500
 - other amount: _____

Method of Payment

- Check Credit Card

Name

Billing Address

Credit Card Number

Expiration date _____ CVV _____

Thank you for your donation. Please complete this form and mail to Art Therapy Studio at 12200 Fairhill Road, Suite C155, Cleveland, OH 44120. Make checks payable to Art Therapy Studio. Donate today at <http://bit.ly/SupportArtTherapyStudio>

Non Profit
US Postage
PAID
Permit #131
Cleveland, OH

Our Mission: Enhancing the quality of life for all people through art .therapy.



ART
THERAPY
STUDIO

SINCE 1967

12200 Fairhill Rd
Cleveland, OH 44120
(216) 791-9303
arttherapystudio.org



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Growth. Healing. Wellness.

Community Art Therapy Programs



2023 Spring Schedule

Discover Wellness Through Art Therapy

Since 1967, Art Therapy Studio has offered innovative art therapy programs to thousands throughout the Greater Cleveland area. Our Community Art Therapy Programs are facilitated by credentialed art therapists and designed to provide a therapeutic approach to artmaking. Our programs are open to everyone including those with physical, emotional, or cognitive needs, as well as those curious about experiencing the benefits of visual self-expression. No art skills needed & supplies are included. Financial assistance is available based on income. Please contact us for more details.

Please review our group programs available in this brochure. If you are interested in Individual Sessions, please call our Studio Coordinator at 216-791-9303 for more information or to schedule a free consultation.

Featured Cover Artist

Panda-moneum

Painted by Jerry Z.

Jerry is a painter who enjoys working in acrylics, and is typically drawn to landscapes and nature themes. In *Panda-moneum*, Jerry captures a peaceful, resting panda enjoying a relaxing nap while curled up in the surrounding grass. Jerry's use of subtle browns and visible brush strokes help add depth and texture to the panda's soft fur, and the blacks and whites of the panda stand in stark contrast of the warm and vibrant greens of the surrounding grass.

2023 Spring Schedule

Sessions run April 10 – June 16

Each program is \$175 unless otherwise noted. Art therapists listed are subject to change. Unless otherwise noted, all programs are for ages 18+ only.

For more information, or to register, call 216-791-9303 or visit arttherapystudio.org.

Registration ends March 17.

Puzzle piece next to group description indicates sensory friendly sessions. Please contact us for more information.

Monday

Painting & Drawing

Increase confidence in your artistic identity by exploring the basics of drawing, acrylic, and watercolor painting.

Art Therapist: Amber McElreath, MA, ATR-BC
10:00 am-12:00 pm

Quiet Painting & Assemblage

Whether you're a beginner or a more experienced artist, come explore the process of painting or assemblage with guidance and encouragement in a quiet, low-key environment.

Art Therapist: Amber McElreath, MA, ATR-BC
1:00-3:00 pm

**Art Therapy Studio is
Generously Supported By**



Tuesday

Discover The Artist Within You – \$145

This structured program is designed for people with physical, cognitive, or medical challenges. Participants will use a variety of different art materials to build confidence and work to strengthen problem-solving skills, decision making, and planning in a supportive environment.

*Art Therapist:
Yesamine DeLeon-Mettee, MA, ATR-P*
10:30 am-12:00 pm* OR
1:00-2:30 pm* (virtual)

Painting & Drawing

Enjoy the small group setting with guided art directives to explore yourself and your life using drawing and painting.

Art Therapist: Amber McElreath, MA, ATR-BC
10:00 am-12:00 pm* (virtual)

Tuesday Open Studio

Explore printmaking, drawing, painting, or collage in a flexible and highly social open studio experience.

Art Therapist: Briannia Love, MA, ATR
1:00-3:00 pm

Quiet Painting Group

Whether you're a beginner or a more experienced artist, receive virtual guidance in a quiet, low-key environment.

Art Therapist: Amber McElreath, MA, ATR-BC
1:00-3:00 pm* (virtual)



Wednesday

Media Sampler

Explore a variety of media including acrylic and watercolor painting, collage, fabric/textiles and beads in a supportive, positive setting.

Art Therapist: Kim Gazella, MA, ATR-BC
10:00 am-12:00 pm

Creative Clayworks – \$195

Explore using clay for self-expression using basic hand building and glazing techniques, along with an introduction to wheel throwing and slip casting.

Art Therapist: Briannia Love, MA, ATR
1:00-3:00 pm

Thursday

Thursday Jewelry Sampler

Explore jewelry making using a variety of beads and stringing materials to create bracelets, necklaces, and earrings in a relaxing environment.

Art Therapist: Diane Troyer, MA, ATR-P
10:00 am-12:00 pm

Thursday Ceramics – \$195

Explore using clay for self-expression, with basic hand building and glazing techniques, along with an introduction to wheel throwing.

Art Therapist: TBD
1:00-3:00 pm

**Bay Foundation
Hankins Foundation
Jochum-Moll Foundation
Paintstone Foundation**

Friday

Friday Open Studio

Enjoy the small group setting with personalized guidance to explore drawing, painting, collage, or printmaking for self-expression and relaxation.

Art Therapist: TBD
10:00 am-12:00 pm

Freestyle Fridays

Express yourself through art in an open studio with a social and energetic atmosphere.

Art Therapist: Diane Troyer, MA, ATR-P
1:00-3:00 pm

Saturday

Teen Open Studio

This expressive art therapy group is aimed at giving teens an outlet for creative and emotional expression in a social, positive environment. Explore drawing, painting, and other various artistic media together in a supportive setting. Ages 13-17.

Art Therapist: TBD
10:00-11:30 am

Saturday in the Studio

Enjoy the small group setting with personalized guidance to explore art-making for self-expression and relaxation.

Art Therapist: TBD
12:00-2:00 pm

