

## Support Art Therapy Studio

We serve a diverse population and strive to provide access to quality art therapy regardless of socio-economic barriers. Please consider making a tax deductible donation to support our efforts for greater access.

- I would like to donate \$175.  
This gift will cover the cost of one individual to participate in 11 weeks of art therapy.
- I would like to provide a different, one-time donation in the amount of:
  - \$50  \$100  \$500
  - other amount: \_\_\_\_\_

### Method of Payment

- Check  Credit Card

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Expiration date \_\_\_\_\_ CVV \_\_\_\_\_

Thank you for your donation. Please complete this form and mail to Art Therapy Studio at 12200 Fairhill Road, Suite C155, Cleveland, OH 44120. Make checks payable to Art Therapy Studio. Donate today at <http://bit.ly/SupportArtTherapyStudio>

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Our Mission: Enhancing the quality of life for all people through art .therapy.



12200 Fairhill Rd  
Cleveland, OH 44120  
(216) 791-9303  
[arthrapystudio.org](http://arthrapystudio.org)



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# Growth. Healing. Wellness.

## Community Art Therapy Programs



## 2022 Spring Schedule

## Discover Wellness Through Art Therapy

Since 1967, Art Therapy Studio has offered innovative art therapy programs to thousands throughout the Greater Cleveland community. Our Community Art Therapy Programs are facilitated by credentialed art therapists and designed to provide a therapeutic approach to art making. Our programs are open to everyone including those with physical, emotional, or cognitive needs, as well as those curious about experiencing the benefits of visual self-expression. No art skills needed and supplies are included. Financial assistance is available based on income. Please contact us for more details.

Please review our group programs available in this brochure. If you are interested in Individual Sessions, please call our Studio Coordinator at 216-791-9303 for more information.

### Featured Cover Artist

**Ahoy...been there done that!**

Created by Sherrie Fisher

Inspired by Frank Gehry's *Walt Disney Concert Hall* in Los Angeles, "Ahoy...been there done that!" is an homage to the architect. The artist, mimics Gehry's deconstructive approach of exploration through play in order to capture our eye and imagination. According to the artist what began as a simple pen and ink sketch materialized into the image of a ship with billowing sails evoking sounds of water and the clicking of high heels on concrete. We hope that Fisher's artwork will inspire you as the architect inspired her.

# 2022 Spring Schedule

Sessions run April 4 – June 17

*Please be advised art therapists listed are subject to change. \*All programs with an asterisk (\*) will only be conducted virtually and not in-person.*

## Monday

*No session on May 30th. Art Therapy Studio will be closed these dates in observance of Memorial Day.*

### Painting & Drawing – \$175

Increase confidence in your artistic identity by exploring the basics of drawing, acrylic, and watercolor painting.

**Art Therapist:** Amber McElreath, MA, ATR-BC  
10:00 am – 12:00 pm

### Quiet Painting & Assemblage – \$175

Whether you're a beginner or a more experienced artist, come explore the process of painting or assemblage with guidance and encouragement in a quiet, low-key environment.

**Art Therapist:** Amber McElreath, MA, ATR-BC  
1:00 – 3:00 pm

### Monday Open Studio – \$175

Enjoy the small group setting with personalized guidance to explore drawing, painting, or ceramics for self-expression and relaxation.

**Art Therapist:** Amber McElreath, MA, ATR-BC  
4:30 – 6:30 pm

Art Therapy Studio is  
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All programs take place at our Studio located in The Fairhill Partners Building at 12200 Fairhill Road, Room C153, Cleveland unless otherwise noted.

## Tuesday

### Discover The Artist Within You – \$145

This structured program is designed for people with physical, cognitive, or medical challenges. Participants will build confidence and work to strengthen problem-solving skills, decision making, and planning in a supportive environment.

**Art Therapist:** Kim Gazella, MA, ATR-BC  
10:30 am – 12:00 pm OR 1:00 – 2:30 pm\*

### Painting and Drawing – \$175

Enjoy the small group setting with guided art directives to explore yourself and your life using drawing and painting.

**Art Therapist:** Amber McElreath, MA, ATR-BC  
10:00 am – 12:00 pm

### Tuesday Open Studio – \$175

Explore drawing, painting, collage or printmaking in a highly social and unstructured open studio experience. Step-by-step guidance available for those new to printmaking.

**Art Therapist:** Briannia Love, MA, ATR  
1:00 – 3:00 pm

### Quiet Painting Group – \$175

Whether you're a beginner or a more experienced artist, come receive personalized guidance when working on your artwork in a quiet, low-key environment.

**Art Therapist:** Amber McElreath, MA, ATR-BC  
1:00 – 3:00 pm\*



## Wednesday

### Media Sampler – \$175

Explore a variety of media including acrylic and watercolor painting, collage, fabric/textiles and beads, in a supportive, positive setting.

**Art Therapist:** Diane Troyer, MA, ATR-P  
10:00 am – 12:00 pm

### Creative Clayworks – \$195

Explore clay for self-expression and connect with your creative self using basic hand building and glazing techniques.

**Art Therapist:** Briannia Love, MA, ATR  
1:00 – 3:00 pm

## Thursday

### Papercraft – \$175

Delve into the time-honored, tactile nature of paper for self-expression through techniques like paper making, collage, bookbinding, paper sculpture and more.

**Art Therapist:** Bo Krzyminski, MA, ATR-P  
10:00 am – 12:00 pm

### Thursday Ceramics – \$195

Explore using clay for self-expression and connect with your creative self, using basic hand building and glazing techniques.

**Art Therapist:** Kim Gazella, MA, ATR-BC  
1:00 – 3:00 pm

Bay Foundation  
Hankins Foundation  
Jochum-Moll Foundation  
Paintstone Foundation



## Friday

### Open Studio – \$175

Enjoy the small group setting with personalized guidance to explore drawing, painting, collage, or printmaking for self-expression or relaxation.

**Art Therapist:** Kim Gazella, MA, ATR-BC  
10:00 am – 12:00 pm

### Freestyle Fridays – \$175

Express yourself through art in an open studio with a social, positive-energy environment.

**Art Therapist:** Diane Troyer, MA, ATR-P  
1:00 – 3:00 pm

## Saturday

### Saturday in the Studio – \$175

Enjoy the small group setting with personalized guidance to explore drawing, painting, collage, or printmaking for self-expression or relaxation.

**Art Therapist:** Kim Gazella, MA, ATR-BC  
12:00 – 2:00 pm

### Individual & Family Art Therapy

Art Therapy Studio is proud to announce that we are now accepting client artists for our private Individual and Family Art Therapy sessions. Please visit [arththerapystudio.org](http://arththerapystudio.org) for more information or call us at 216-791-9303 to schedule a consultation today.

Registration ends March 21st.  
For more information or to register call  
216-791-9303 or visit [arththerapystudio.org](http://arththerapystudio.org).

