

Support Art Therapy Studio

We serve a diverse population and strive to provide access to quality art therapy regardless of socio-economic barriers. Please consider making a tax deductible donation to support our efforts for greater access.

- I would like to donate \$175.
This gift will cover the cost of one individual to participate in 11 weeks of art therapy.
- I would like to provide a different, one-time donation in the amount of:
 - \$50 \$100 \$500
 - other amount: _____

Method of Payment

- Check Credit Card

Name

Billing Address

Credit Card Number

Expiration date _____ CVV _____

Thank you for your donation. Please complete this form and mail to Art Therapy Studio at 12200 Fairhill Road, Suite C155, Cleveland, OH 44120. Make checks payable to Art Therapy Studio. Donate today at <http://bit.ly/SupportArtTherapyStudio>

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Cleveland, OH

Our Mission: To enhance individuals' quality of life through therapeutic art.



12200 Fairhill Rd
Cleveland, OH 44120
(216) 791-9303
arttherapystudio.org

Follow Us!



Growth. Healing. Wellness.

Community Art Therapy Programs

2021 Spring Schedule



Discover Wellness Through Art Therapy

Since 1967, Art Therapy Studio has offered innovative art therapy programs to thousands throughout the Greater Cleveland community.

Our Community Art Therapy Programs are facilitated by credentialed art therapists and designed to provide a therapeutic approach to artmaking. Our programs are open to everyone including those with physical, emotional, or cognitive needs, as well as those curious about experiencing the benefits of visual self-expression.

With 2021 well underway, we want to invite YOU to a year of prioritizing improved self-care and wellness. There are a variety of ways to join our art therapy programs which prioritize limiting the spread of COVID-19. We currently offer group programs and Individual Sessions and will work with you to find the right fit for your goals and build on your strengths.

Please review our group programs available in this brochure. If you are interested in Individual Sessions, please call our office at 216-791-9303 for more information.

Featured Cover Artist

The Illusion

Painted by Jill Babbush

Jill Babbush's work often is an expression of her feelings and emotions during the time of creation. Though these feelings and emotions are not disclosed to the viewer, we can enjoy the expressive layers of bright veins and saturation points. Jill's paintings invite viewers to find unique arrangements and shapes in her compositions.

2021 Spring Schedule

Sessions run April 5 - June 18

All programs take place at our Studio located in The Fairhill Partners Building at 12200 Fairhill Road, Room C153, Cleveland unless otherwise noted.

Please be advised art therapists listed are subject to change.
(*) indicates virtual program only.

Monday

No session on Memorial Day, May 31st. Art Therapy Studio will be closed this date.

Painting & Drawing – \$160

Increase confidence in your artistic identity by exploring the basics of drawing, acrylic, and watercolor painting.

Art Therapist: Amber McElreath, ATR-BC

10:00 am-12:00 pm

Quiet Painting & Assemblage – \$160

Whether you're a beginner or a more experienced artist, come explore the process of painting or assemblage with guidance and encouragement in a quiet, low-key environment.

Art Therapist: Amber McElreath, ATR-BC

1:00–3:00 pm

Tuesday

Discover The Artist Within You – \$145

This class is designed to help people with specific needs; including those affected by an accident, stroke, or chronic illness, such as cancer.

Develop your own style in a relaxed and supportive setting using various techniques.

Art Therapist: Kim Gazella, MA, ATR-BC

10:30 am–12:00 pm

1:00-2:30 pm*

Morning Open Studio – \$175

Enjoy the small group setting with personalized guidance to explore drawing, painting, collage, or printmaking for self-expression or relaxation.

Art Therapist: Amber McElreath, ATR-BC

10:00 am–12:00 pm*

Afternoon Open Studio – \$175

Explore drawing, painting, collage or printmaking in a highly social & unstructured open studio experience. Step-by-step guidance available for those new to printmaking.

Art Therapist: Briannia Love, MA

1:00–3:00 pm

Quiet Painting Group – \$175

Whether you're a beginner or a more experienced artist, come explore the process of painting with guidance in a quiet, low-key environment.

Art Therapist: Amber McElreath, ATR-BC

1:00–3:00 pm*

Art Therapy Studio is
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Wednesday

Media Sampler – \$175

Explore a variety of media including acrylics, drawing methods, watercolors, or combine it all in your own mixed-media artwork.

Art Therapist: Diane Troyer, MA

10:00 am–12:00 pm*

Creative Clayworks – \$195

Explore clay for self-expression and connect with your creative self using basic clay building techniques.

Art Therapist: Briannia Love, MA

1:00–3:00 pm

Thursday

Papermaking & More! – \$175

Delve into the time-honored, tactile nature of paper for self-expression through techniques like paper making, collage, bookbinding, paper sculpture and more.

Art Therapist: Matthew Koshar, MA, ATR-P

10:00 am–12:00 pm

Breathe, Relax, Create – \$15

In this virtual program, develop greater self-awareness, improve mental health and cognition, and decrease stress by exploring mindfulness and art making. Dates vary, please visit arththerapystudio.org for more information.

Art Therapist: Carrie Coblentz, MA, ATR

7:00 pm–8:30 pm*

Hankins Foundation
Jochum-Moll Foundation
Paintstone Foundation



Friday

Open Studio – \$175

Enjoy the small group setting with personalized guidance to explore drawing, painting, collage, or printmaking for self-expression or relaxation.

Art Therapist: Kim Gazella, MA, ATR-BC

10:00 am – 12:00 pm

Freestyle Fridays – \$175

Express yourself your way in this social, high energy open studio.

Art Therapist: Matthew Koshar, MA, ATR-P

1:00-3:00 pm

- Virtual participation is available for all programs.

Call 216-791-9303 for more details.

- No art skills needed
- Supplies included
- Financial Assistance is available based on income. Please contact us for more details.
- Payment for programs is due at the time of registration. There will be no make-up classes or refunds.
- Space is limited and classes fill up quickly! Register for Spring programs by March 22nd. Please register by calling 216-791-9303 or visiting <http://bit.ly/ATSSpring2021>
- Class confirmation will be emailed March 29th. We will also notify participants if a class is filled or canceled.

