

Support Art Therapy Studio

We serve a diverse population and strive to provide access to quality art therapy regardless of socio-economic barriers. Please consider making a tax deductible donation to support our efforts for greater access.

- I would like to donate \$175. This gift will cover the cost of one individual to participate in 11 weeks of art therapy.
- I would like to provide a different, one-time donation in the amount of:
 - \$50 \$100 \$500
 - other amount: _____

Method of Payment

- Check Credit Card

Name

Billing Address

Credit Card Number

Expiration date _____ CVV _____

Thank you for your donation. Please complete this form and mail to Art Therapy Studio at 12200 Fairhill Road, Suite C155, Cleveland, OH 44120. Make checks payable to Art Therapy Studio. Donate today at <http://bit.ly/SupportArtTherapyStudio>

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Our Mission: To enhance individuals' quality of life through therapeutic art.

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SINCE 1967
12200 Fairhill Rd
Cleveland, OH 44120
(216) 791-9303
arttherapystudio.org
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Growth. Healing. Wellness.

Community Art Therapy Programs 2020 Spring Schedule



Discover Wellness Through Art Therapy

Since 1967, Art Therapy Studio has offered innovative art therapy programs to thousands throughout the Greater Cleveland community. Our Community Art Therapy Programs are facilitated by credentialed art therapists and designed to provide a therapeutic approach to art-making.

Located in a safe, intimate, and welcoming environment throughout four geographically accessible areas, our programs are open to everyone including those with physical, emotional, or cognitive needs, and those curious about experiencing the benefits of visual self-expression.

All necessary supplies are provided with every program and income-based financial assistance is available.

Featured Cover Artist

Kinsale, Ireland

Painted by Kathryn Muldoon

Kathryn Muldoon captures the whimsical charm of Kinsale, the colorful fishing town located in County Cork, Ireland. Once protected by nearby 17th century forts, Kinsale is now known for its scenic landscape, excellent food, and robust art scene. In Muldoon's depiction of Kinsale she captures the vibrant facades of the coastal houses dramatically contrasted with the rolling green hills of the countryside. The deep blue of the sea in the foreground brings to mind the smell and taste of sea spray in this quintessential Irish scene.

2020 Spring Schedule

Sessions run April 6 - June 19

Monday

Quiet Painting Group – \$160

Whether you're a beginner or a more experienced student, come explore the process of painting with guidance in a quiet, low-key environment.

1:00-3:00 pm

No session Memorial Day, May 25th. Art Therapy Studio will be closed this date.

Tuesday

Discover The Artist Within You – \$145

This class is designed to help people with specific needs, including those affected by an accident, stroke, or chronic illness, including cancer. Develop your own style in a relaxed and supportive setting using various media and techniques.

10:30-12:00 pm; 1:00-2:30 pm*

**Discover the Artists Within You sessions take place at MetroHealth Senior & Wellness Center, Old Brooklyn Campus, Room ST-025, 4229 Pearl Road, Cleveland.*

Painting & Drawing – \$175

Increase confidence in your artistic identity by exploring the basics of drawing, acrylic, and watercolor painting.

10:00-12:00 pm

All programs take place at our Studio located in The Fairhill Partners Building at 12200 Fairhill Road, Room C153, Cleveland unless otherwise noted.

Open Studio – \$175

Enjoy the small group setting with personalized guidance to explore drawing, painting, collage, or printmaking for self-expression or relaxation.

10:00-12:00pm at Ursuline College*
1:00-3:00 pm at Art Therapy Studio

Quiet Painting Group – \$175

Whether you're a beginner or a more experienced student, come explore the process of painting with guidance in a quiet, low-key environment.

1:00-3:00 pm at Ursuline College*

**Sessions at Ursuline College take place at the Parker Hannifin Building, Room 305, 2550 Lander Road, Pepper Pike.*

Wednesday

Media Sampler – \$175

Explore a variety of media including acrylics, various drawing methods, watercolors, or combine it all in your own mixed-media artwork.

Located at SPACES, 2900 Detroit Avenue, Cleveland

11:00-1:00 pm

Assemblage – \$175

Assemblage is a type of sculpture where you make artwork out of discarded objects or odds-and-ends. Receive encouragement

and some guidance in creating an assemblage you've designed yourself.

10:00-12:00 pm

Creative Clayworks – \$195

Explore using clay for self-expression and connect with your creative self using basic clay building techniques.

1:00-3:00 pm

Thursday

Breathe, Relax, Create – \$145

Stress can block the creative process. Explore how deep breathing and meditation can enhance creativity and self awareness prior to drawing, painting and collage making.

5:30-7:00 pm

Friday

Please be advised, Friday, April 24th Art Therapy Studio will be closed and there will be no sessions on this date.

Open Studio – \$160

Enjoy the small group setting with personalized guidance to explore drawing, painting, or collage for self-expression or relaxation.

10:00-12:00 pm

Freestyle Fridays – \$160

Express yourself your way in this social, high energy open studio.

1:00-3:00 pm

Kid's Creative Friday – \$130

Designed for children 8-12 years old, this group will focus on creative self-expression and positive sensory experiences using a wide range of media including air dry clay, paint, and mixed media.

4:30-5:30 pm

Art Therapy Info Session – FREE

Learn how art therapists work with individuals to realize their personal goals. Participants will be led through an art intervention and have the opportunity to ask questions in a learning environment. Registration required, please call 216-791-9303 to reserve your spot. Multiple dates available, see below.

April 16th, May 14th, June 11th; 7pm-8pm

- No art skills needed
- Supplies included
- Financial Assistance is available based on income. Please contact us for more details.
- Payment for programs are due at the time of registration. There will be no make-up classes or refunds.
- Class confirmation will be emailed April 1st. We will also notify participants if a class is filled or canceled.
- Space is limited and classes fill up quickly! Register for Spring programs by March 30th. Please register by calling 216-791-9303 or visiting <http://bit.ly/ATSSpring2020>.

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