Support Art Therapy Studio

We serve a diverse population and strive to provide access to quality art therapy regardless of socio-economic barriers. Please consider making a tax deductible donation to support our efforts for greater access.

I would like to donate \$175.
This gift will cover the cost of one
individual to participate in 10 week
of art therapy.

I would like to provide a different,
one-time donation in the amount of:

🗇 \$50 🗇 \$100 🗇 \$500		\$50		\$1	00		\$500
------------------------	--	------	--	-----	----	--	-------

other amount:

Method of Payment

Check Credit Card

Name

Billing Address

Credit Card Number

Expiration date

CVV

Thank you for your donation. Please complete this form and mail to Art Therapy Studio at 12200 Fairhill Road, Suite C155, Cleveland, OH 44120. Make checks payable to Art Therapy Studio. Donate today at http://bit.ly/SupportArtTherapyStudio

Art Supplies Proudly Sponsored by



US Postage PAID Permit #131 Cleveland, OH

the quality of life for all people through art .therapy.





ART THERAPY STUDIO

NCE 1967

Growth. Healing. Wellness.

Community Art Therapy Programs



2022 Fall Schedule

Discover Wellness Through Art Therapy

Since 1967, Art Therapy Studio has offered innovative art therapy programs to thousands throughout the Greater Cleveland area. Our Community Art Therapy Programs are facilitated by credentialed art therapists and designed to provide a therapeutic approach to artmaking. Our programs are open to everyone including those with physical, emotional, or cognitive needs, as well as those curious about experiencing the benefits of visual self-expression. No art skills needed & supplies are included. Financial assistance is available based on income. Please contact us for more details.

Please review our group programs available in this brochure. If you are interested in Individual Sessions, please call our Studio Coordinator at 216-791-9303 for more information.

Featured Cover Artist

Myth of the Siren

Painted by Scott Mars

Scott is a mixed media artist who enjoys mixing two-dimensional and three-dimensional medias. In *Myth of the Siren*, inspired by his interest in mythology and classical literature, Scott combined model magic and acrylic paints to create depth and movement. Scott's expressionist style captures the energy of the sea; and his bright, bold colors draw you into this work the same way the sirens call was said to draw sailors in with their alluring voices.

2022 Fall Schedule

Sessions run October 10 - December 16

For more information, or to register, call 216-791-9303 or visit arttherapystudio.org.

Registration ends September 26.

Each program is \$175 unless otherwise noted. Art therapists listed are subject to change. Unless otherwise noted, all programs are for ages 18+ only.

No sessions on Thursday, November 24 or Friday, November 25; the Art Therapy Studio will be closed in observance of Thanksgiving.

Monday

Painting & Drawing

Increase confidence in your artistic identity by exploring the basics of drawing, acrylic, and watercolor painting.

Art Therapist: Amber McElreath, MA, ATR-BC 10:00 am - 12:00 pm

Quiet Painting & Assemblage

Whether you're a beginner or a more experienced artist, come explore the process of painting or assemblage with guidance and encouragement in a quiet, low-key environment.

Art Therapist: Amber McElreath, MA, ATR-BC 1:00 – 3:00 pm

Art Therapy Studio is Generously Supported By



Tuesday

Discover The Artist Within You

This structured program allows participants to build confidence and work to strengthen problem-solving skills, decision making, and planning in a supportive environment. *Art Therapist: Kim Gazella, MA, ATR-BC* 10:30 am – 12:00 pm OR 1:00 – 2:30 pm* (virtual)

Painting & Drawing

Enjoy the small group setting with guided art directives to explore yourself and your life using drawing and painting.

Art Therapist: Amber McElreath, MA, ATR-BC 10:00 am – 12:00 pm* (virtual)

Tuesday Open Studio

Explore drawing, painting, collage or printmaking in a highly social & unstructured open studio experience. Includes demonstrations for printmaking and more. *Art Therapist: Briannia Love, MA, ATR* 1:00 – 3:00 pm

Quiet Painting Group

Whether you're a beginner or a more experienced artist, come receive personalized guidance when working on your artwork in a quiet, low-key environment. *Art Therapist: Amber McElreath, MA, ATR-BC* 1:00 – 3:00 pm* (virtual)

mith TION



Wednesday

Media Sampler

Explore a variety of media including acrylic and watercolor painting, collage, fabric/textiles and beads, in a supportive, positive setting.

Art Therapist: Kim Gazella, MA, ATR-BC 10:00 am – 12:00 pm

Creative Clayworks - \$195

Explore clay for self-expression using basic hand building and glazing techniques.

Art Therapist: Briannia Love, MA, ATR

1:00 – 3:00 pm

Thursday

Thursday Upcycled/Recycled Art

Create art with sometimes forgotten or discarded everyday items such as cardboard, fabrics, newspaper, bottles, and more.

Art Therapist: Christian Daw, MA, ATR-P 10:00 am – 12:00 pm

Thursday Ceramics - \$195

Explore using clay for self-expression, using basic hand building and glazing techniques. *Art Therapist: Kim Gazella, MA, ATR-BC* 1:00 – 3:00 pm

Bay Foundation Hankins Foundation Jochum-Moll Foundation Paintstone Foundation

Friday

Open Studio

Enjoy the small group setting with personalized guidance to explore artmaking for self-expression or relaxation. *Art Therapist: Kim Gazella, MA, ATR-BC* 10:00 am – 12:00 pm

Freestyle Fridays

Express yourself through art in an open studio with a social, positive energy environment.

Art Therapist: Diane Troyer, MA, ATR-P 1:00 – 3:00 pm

NEW! Friday Teen Open Studio

Promoting relaxation through art-making in an encouraging, social setting. Ages 13-18. Art Therapist: Christian Daw, MA, ATR-P 4:00 – 6:00 pm

Saturday

NEW! Kids Saturday in the Studio

Promoting relaxation and encouraging development of social and emotional skills while making art. Ages 6-12.

Art Therapist: TBA

Art Therapist: TBA 9:30 – 11:30 am

Saturday in the Studio

Enjoy the small group setting with personalized guidance to explore artmaking for self-expression or relaxation. Art Therapist: TBA 12:00 – 2:00 pm





