

Support Art Therapy Studio

We serve a diverse population and strive to provide access to quality art therapy regardless of socio-economic barriers. Please consider making a tax deductible donation to support our efforts for greater access.

- I would like to donate \$175.
This gift will cover the cost of one individual to participate in 11 weeks of art therapy.
- I would like to provide a different, one-time donation in the amount of:
 - \$50 \$100 \$500
 - other amount: _____

Method of Payment

- Check Credit Card

Name

Billing Address

Credit Card Number

Expiration date _____ CVV _____

Thank you for your donation. Please complete this form and mail to Art Therapy Studio at 12200 Fairhill Road, Suite C155, Cleveland, OH 44120. Make checks payable to Art Therapy Studio. Donate today at <http://bit.ly/SupportArtTherapyStudio>

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Our Mission: To enhance individuals' quality of life through therapeutic art.



12200 Fairhill Rd
Cleveland, OH 44120
(216) 791-9303
arttherapystudio.org

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ART
THERAPY
STUDIO

SINCE 1967

Growth. Healing. Wellness.

Community Art Therapy Programs

2020 Fall Schedule



Discover Wellness Through Art Therapy

Since 1967, Art Therapy Studio has offered innovative art therapy programs to thousands throughout the Greater Cleveland community. Our Community Art Therapy Programs are facilitated by credentialed art therapists and designed to provide a therapeutic approach to artmaking.

We are dedicated to the safety and well-being of our community. In response to the limitations caused by COVID-19, Art Therapy Studio has created a hybrid of in-person and virtual programs to ensure social distancing and allow vulnerable artists to attend the programs they need from the safety of their own homes. An Art Kit will be mailed to artists participating remotely. Our programs are open to everyone including those with physical, emotional, or cognitive needs, as well as those curious about experiencing the benefits of visual self-expression.

Featured Cover Artist

Untitled

Painted by Sarah Marinelly

Sarah uses her art to express herself and illustrate her journey to wellness. Her work serves as documentation of her own personal growth through adversity and trauma. Sarah has grown from creating a few artworks a year to creating multiple artworks a day that involve techniques which challenge her concentration and motor skills. In this untitled work, Sarah shares with us a piece from her portfolio that includes vibrant colors and strong geometric shapes.

2020 Fall Schedule

Sessions run Oct. 5 – Dec. 18

All programs take place at our Studio located in The Fairhill Partners Building at 12200 Fairhill Road, Room C153, Cleveland unless otherwise noted.

Virtual Participation is now available for all programs. Your art therapist will connect with you individually to get you set up to participate.

Monday

Quiet Painting & Assemblage Group – \$175

Whether you're a beginner or a more experienced student, come explore the process of painting or assemblage with guidance and encouragement in a quiet, low-key environment.

1:00-3:00 pm

Tuesday

Discover The Artist Within You – \$145

This class is designed to help people with specific needs; including those affected by an accident, stroke, or chronic illness, including cancer. Develop your own style in a relaxed and supportive setting using various techniques.

10:30 am-12:00 pm; 1:00-2:30 pm*

Painting & Drawing – \$175

Increase confidence in your artistic identity by exploring the basics of drawing, acrylic, and watercolor painting.

10:00 am-12:00 pm

Open Studio – \$175

Enjoy the small group setting with personalized guidance to explore drawing, painting, collage, or printmaking for self-expression or relaxation.

10:00 am-12:00 pm*

1:00-3:00 pm at Art Therapy Studio

Quiet Painting Group – \$175

Whether you're a beginner or a more experienced student, come explore the process of painting with guidance in a quiet, low-key environment.

1:00-3:00 pm*

**Due to the limitations caused by COVID-19, Discover The Artist Within You, the morning Tuesday Open Studio, and Tuesday Quiet Painting Group will be conducted virtually and not in person.*

Wednesday

Media Sampler – \$175

Explore a variety of media including acrylics, various drawing methods, watercolors, or combine it all in your own mixed-media artwork.

10:00 am-12:00 pm*

**Due to the limitations caused by COVID-19, the Media Sampler program will be conducted at the Fairhill Studio instead of SPACES. Virtual participation available.*

Creative Clayworks – \$195

Explore using clay for self-expression and connect with your creative self using basic clay building techniques.

1:00-3:00 pm

Thursday

No session Thanksgiving Day, November 26th.

Breathe, Relax, Create – \$15 per session

90 minutes of self-care and mental repair for busy professionals or individuals unable to commit to a regularly scheduled art therapy program. Pre-registration is required for each session. Source your own art supplies or buy an art kit from us! Check our website for dates.

7:00 pm-8:30 pm *

**Due to the limitations caused by COVID-19, the Breathe, Relax, Create program will be conducted virtually and not in person. Your art therapist will connect with you individually to get you set up to participate.*

Individual Art Therapy Sessions are now available. Please call Clinical Director Cheryl Pete at 216-791-9303 for more information.

Friday

No sessions on Friday, November 27th.

Open Studio – \$160

Enjoy the small group setting with personalized guidance to explore drawing, painting, collage, or printmaking for self-expression or relaxation.

10:00 am-12:00 pm

Freestyle Fridays – \$160

Express yourself your way in this social, high energy open studio.

1:00-3:00 pm

- **Virtual participation is available for all programs.**
Call 216-791-9303 for more details.
- No art skills needed
- Supplies included
- Financial Assistance is available based on income. Please contact us for more details.
- Payment for programs are due at the time of registration. There will be no make-up classes or refunds.
- Class confirmation will be emailed September 28th. We will also notify participants if a class is filled or canceled.
- Space is limited and classes fill up quickly! Register for Fall programs by September 25th. Please register by calling 216-791-9303 or visiting <http://bit.ly/ATSFall2020>

Art Therapy Studio is
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