meaningful way and increase access to the arts. innovative ways to reach new and current audiences in a and inspire the people living in them. The Foundation seeks into the tabric of Mortheast Ohio communities to engage Fowler Family Foundation, which seeks to weave the arts part thanks to the generous support of the Char and Chuck The Art Therapy Studio's programs are made possible in Char and Chuck Fowler Family Foundation

from Cuyahoga Arts & Culture. Cuyahoga County through a public grant denerous support of the residents of made possible in part thanks to the The Art Therapy Studio's programs are



the Art Therapy Studio, please see insert. To make a tax-deductible gift to support the work of



crants ..

. Individuals

. Fundraising .

Fee for service

2018 FINANCIALS

INCOME FROM OPERATIONS...

146'901\$

.074,81\$

\$145,520

.807,818

Адат стптеттап Robin Yeager Sarah Wren Sara Wasserman Mary Ann Vogele Turquoise Thomas Laura Tetzlaff Hannah Sullivan Maria Smythe Tanya Shteinfeld Andy Pursely Adrianne Pitts Gary Pete

Cheryl Pete rom Milges Mark Neubauer Elena Nail Windsor Laurelwood Morris III peodore Jones Sean Miller Michael Miller Evan Miller Kathryn Mierke Hope McGuan Scott Mars MP Marion Bri Love Karah Lombardo Matt Koshar Norgan Jackson Collen Horan Bob Hill гису Науев inda Green Wendy Gray Omar Freeman Steve & Abbie Sender Sarah Eshelman Carrie Coblentz Bill Childers Deborah Carl

Sara Bullington

Kristen Bellino

somA nidoA

Volunteers

Andrews

Dave Voll & Lena

Lhe Treehouse

laclyn Staple

3uth Stahler

Brett Shaheen

Pulsar Paper

Shannon Scott-Mille

Marty Stitt

ay & Sue Valerian

Ashleigh Brooks

Isabel Axon-Sanchez

Eliane & Joseph Marvin & Miller, Judith Mrazek Jennifer Schwartz Barbara Schubert Virginia Schmidt Joseph Russell Nancy Richardson Victoria Ratliff Joanne Palicka Nancy O'Hara Mary & Kevin Michele O'Brien Ann & Hobert Novak Patricia Neville Joanne Neville Mulcahy Anne and Daniel

Cynthia Morse

YOUR GENEROUS SUPPORT HELPS ATS FULFILL ITS MISSION

Gary Pete

Jark Place

recupologies

Kathie McWilliams

Hope McGuan

Mickie McGraw

Maura Hughes

Carrie Coblentz

Cleveland Vibrator

Campomizzi

Judy Bea Bakery

Alpaca Fiber Studio

Perdexter Williams

Vlarilea & Blair

bniX-nl

Center

Carolyn Wild

George Weiner

Kristin Voos

Vitolano

Edmund & Faith

William Valerian

Robert Valerian

Kris & Nancy Treu

Herbert & Marilyn

Sarbara Streeter

Thomas Soltis

Valerie A. Sobel

Mary Kay Shore

Marty Stitt

Seorgianne Wanous

The Music Settlement

I GLLJ MIIIS Mary Ellen Carney Brigid Miller Marilea Campomizz Лоһп Меећап Sarah Bullington Mickie McGraw Warren Brown George Brown Andrew Brooks Catherine Manus-Phyllis Brody Elaine Maier Mark Biche Joel Loughrin Patrick Bernhardt richard Lightbody Valerie Bermel Heather Leedy Renesch Kuluris Dr. James Begley John & Elsa Baele Hexcel Corp.

Susan Adiletta

1dA bivsQ

666\$ ot dU

Sue & Jay Valerian

Meredith Slosberg

Kirsty McNamara

Kurt & Chris Treu

Wanda Shippy

Skoda Minotti

Kevin Horvath

I VE Hankins

Whittle

Growth Coach

Fox Charitable

Fmployees

Bay Corporation

Allgood, Jr.

666'7\$-000'1\$

Smith Foundation,

Julianne Loegler

Robert Moll

Maura Hugnes &

Foundation

Graham Hunter

666'6\$-000'9\$

Foundation

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Fowler Family

Foundation

Char and Chuck

Cuyahoga Arts &

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Jochum-Moll

Kelvin and Eleanor

Dwight & Joan

Bill & Mary George-

Foundation

I homas & Concetta Clayton Koppes Martin Kolb Ruth & Bob Kanner lom Jackson Josune Hutchinson Ann Hornbeck Janice Hornack Rita Hooper Micole Helm Suzanne Hartt надіву нагдасте Jeffrey & Wood, Lara Hanlon Sally Groves Noreen Grover Robbie & Rob Grodin Carol Griffith Debra Greene Jim Graham Robert Glassman Marcia Gisser Annette Geraci Janice Galvin Darlene Foth

Patty Flauto James Finley Angela Fini Ed Feldman Holly Feen-Calligan Jan Everett Elizabeth Dreben, MD Kerri Dray Sara Dickman Davies Adelaide & David Elizabeth Dalton Christopher Cooney Anthony Constantine Saul Coletta Amy Cohen Cleveland Foundation Soccer Club James & Anne Clark

William Childers

Mary Lou Foley

 Asian Services in Action Additional Community Agencies

Safer Futures Family and Community Services: Woman/Children Transitional Housing

- Veterans Haven - Valor Home County and Lorain

Family and Community Services in Irumbull - Short Term Spinal Cord Injury - Psychology Services - Longterm Spinal Cord Injury

- Hosbice - Day Hospital Department of Veteran Affairs Veterans

 Westside Community House Ohio Living Center Judson Senior Living (South Franklin Circle) Jewish Family Services Jennings Center for Older Adults

- Residential - Day Program Eliza Bryant Village Older Adults

Westlake High School Friendship Circle - West Park Branch - Sterling Branch - Hondy Rusuch

 Brooklyn Branch Cleveland Public Library Children & Teens

number of

individual contacts

- YWCA of Greater Cleveland - YWCA Early Learning Center (ELC)

- Malachi Center

(Young Adult and Sage programs) - LGBT Center of Greater Cleveland

(VOCA) Programming The MetroHealth Victims of Crime Act

 MetroHealth Physical Medicine & Henabilitation MetroHealth Oncology

 MetroHealth Fellowship Hospital Inpatient & Residential

> United Church of Christ Calfee, Halter & Griswold **Employee Wellness**

> > uiətsiow -

- Highland Hills United Cerebral Palsy of Greater Cleveland

· Geauga County Board of Developmental Developmental Disabilities

> Recovery Resources Life Exchange Center

 Far West Center - Veterans Affairs Recovery Center (VARC)

 Department of Veteran Affiars Orca House (Men)

- Orca House (Women) - HITCHCOCK - Key Decisions

 Cleveland Treatment Center Addictions And Mental Healh

individuals served number of unique

support and continuing education for our staff – all as part of our services. unique in providing a credentialed art therapist, along with supervision, administrative designed to meet the specific goals of each partnering agency. Art Therapy Studio is Our contract services are customizable, fully integrated fee-for-service programs

CONTRACTED SERVICES AT COMMUNITY AGENCIES

DTA SITES

SESSIONS CLIENT INDIVIDUAL

EDUCATION PROFESSIONAL

767

scholarships provided Mumber of

SESSIONS ATQ JATOT

TIMES, IN

INDIVIDUALS

IN 2018, WE REACHED:

strengths and explore possibilities. therapists nurture a safe and supportive space for individuals to build on personal settings to focus on creating art that has personal meaning. Our credentialed art to the healing process. Classes utilize creative therapeutic arts techniques in group Our community classes offer participants the opportunity to make art that is central

Discover the Artist within You (DTA) Community Classes

2018 OVERVIEW

SUSTAINABILITY ACCOUNTABILITY COLLABORATION INCLUSIVENESS **EMPOWERMENT** HEALTH AND WELLNESS **CREATIVITY**

CORE VALUES

through the therapeutic use of art emotional, cognitive, or physical challenges To enhance the quality of life for those with

NOISSIM AUO

Dear Friends of the Art Therapy Studio,

Event

Fundraising —

Once again, it is my honor to greet you. As you read our Annual Report, I ask you to note two things. First, 2018 was a year of exciting financial growth. Our numbers tell the story of both operational and program growth. We expanded our contracted services with Metro Health through their Victims of Crime Assistance grant, Cleveland Public Library, the Department of Veterans Affairs, and Eliza Bryant Village. We were also able to provide wage increases and hire four additional therapists.

The second thing I ask is that you take the time to enjoy the beautiful art created by our clients. With each stroke of the brush, turn of the clay wheel and weaving of fabric, our therapeutic art services come to life. I am so pleased to share that the Art Therapy Studio has also extended our reach to both Portage and Summit Counties while we continue to thrive in Cuyahoga County. Our therapists continue to prove on a daily basis that the Art Therapy Studio remains the gold standard of excellence for each and every client.

In the summer of 2018, Executive Director Shannon Scott-Miller requested a status change to Clinical Director. Our Trustees unanimously honored her request. We then welcomed Rachel Kinker who assumed the position of Administrative Director. Our

Board of Trustees are confident that contract generation, therapist oversight as well as prudent financial management will be well served with our leadership staff.

As loyal friends and supporters, I thank you once again. Because of your faith in our execution of the Art Therapy Studio's mission, the healing of mind, body and spirit will continue to flourish.

Chris Treu President, Board of Trustees



Happy As Pie by Chris Treu

ARTIST SPOTLIGHT: David, Exploring new media and materials

At the Art Therapy Studio, David can create art in a therapeutic setting with a focus on the process of art-making, "I can work through mental issues and replace them with something better." He benefits from connections with his art therapists and other students in his classes - getting to know them and understanding their backgrounds and challenges.



David enjoys the Discover the Artist classes because it "allows two hours to be creative. It also helps me to work through mental illness. I have the opportunity to work with others and express myself with art. I enjoy the socialization and the feedback I get from others about my art work." The class is also an opportunity to build on skills and heighten senses. "The class helps

my visual senses and memory and also allows my mind to relax and exercises my mind at the same time. I feel stress free after painting." The class has been a learning experience; "I have learned you have to take steps to get what you want. You have to be patient. (Through art making) I have learned to work with others and their opinions and I have learned responsibility when it comes to selling your art work. Art helps to stop procrastinating and allows me to focus."

Currently he is working on a series of watercolor and ink works that incorporate a watercolor background and the use of printmaking overlay. David created his own templates—which he has given the term "omogees"—from Styrofoam by using pen to create the variations in depth necessary for printmaking. Through this process he has made unique print blocks to create his work. David was drawn to experimenting with this new process because of his interest in graphic art.

David has been attending Discover the Artist classes for over 10 years between the Fairhill, River's Edge, and now SPACES locations. He enjoys the new SPACES location, an environment "where you can be yourself, everything is low stress and tidy and it is an interesting neighborhood with fun art shows and shops to explore."



2018 STAFF

Shannon Scott-Miller, MA, ATR-BO Clinical Director Rachel Kinker, MPA Administrative Director Julia Hoverson Office Manager Jennifer Talley, MM Office Manager Stephanie Soduk, MA Communications/Marketing Specialist Hope McGuan, MBA Senior Accountant Ashleigh Brooks, MA Deborah Carl, MA, ATR-BC, CPRP Ami Chevali, MA, ATR Carrie Coblentz, MA. ATR. LPC Denise Cooper, MA, ATR-BC, PCC Dena Ewing, MA, ATR-BC Kim Gazella, MA, ATR-BC Matthew Koshar, MA, ATR-P

Amber McElreath, MA, ATR, LPC Anastasia Mitchell Yvette Nosal, MA, ATR-BC, LPCC-S

Cheryl Pete, MA, ATR-BC, LPC Rosalia Rozsahegyi, MC, ATR-BC ietro, MA, AT, LPC Kate Strazisar, MA, ATR-BC, LSW Sarah Thuermer, MA, ATR-BC Sara Wasserman, MA, ATR Sarah Wren, MA, ATR



12200 FAIRHILL ROAD CLEVELAND, OHIO 44120 WWW.ARTTHERAPYSTUDIO.ORG (216) 791-9303

The Art Therapy Studio is a 501(c)(3) organization

2018 BOARD OF TRUSTEES

Staff Weaving by Cheryl Pete

Wanda Shippy, Vice-President Ben Stumpf, Treasurer

Jay Valerian, Treasurer Kirsty McNamara, Secretary Dwight Allgood, Jr. Kevin Horvath Maura Hughes Brett Shaheen Meredith Slosberg Jackie Staple

Diane Weidrick

HONORARY MEMBERS

Mary K. (Mickie) McGraw Carol Kelley (1926 - 2017) George Streeter (1916 - 2013)

ON THE COVER

Artist Profile: Scott Mars

Scott has been attending Discover the Artist classes at the Fairhill location since 1994. He started with painting and began to experiment with different media and materials like ceramics and believes "each time with a canvas is a new experience" to create

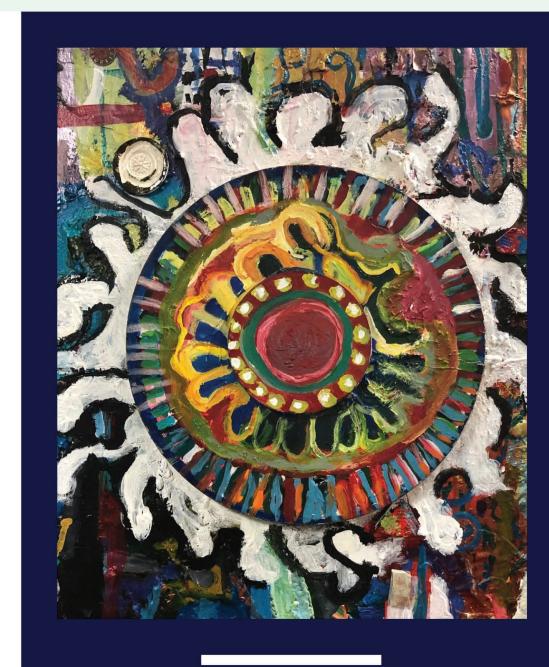
Scott enjoys the Discover the Artist classes because "I have a voice that needs to be expressed and I have that at Art Therapy Studio. I am doing it for the healing and the process. If I sell something, great, if not, I enjoy the process.

Art Therapy Studio also provides a safe space to explore new media and ideas. "I am able to go into a safe space and the talented therapists inspire me." The comfortable and welcoming environment is important to Scott, "I love the fact that art can be an atmosphere, a place you can go where you create positive works, then positivity is reflected in your life."

It doesn't end in the studio for Scott, "I can take it further (the artwork) at home and in my time away from the studio and I also research at home.'

Scott has explored many media and materials in his time with the studio; he currently is most comfortable with clay and enjoys the organic and fun qualities of the material. Scott also enjoyed the healing capabilities of the experience of weaving and the ability to incorporate natural materials into weaving was an appealing way to tell a visional story. Most of all, Scott enjoys the process, "I enjoy that I am present in the moment when I am doing the work and I can evaluate things (history, research, cultures, and materials).'

At the Art Therapy Studio, Scott can create art in a therapeutic setting with a focus on the process of art-making and healing. "I want to share my happiness and allow others to see things



ART THERAPY STUDIO 2018 ANNUAL REPORT

EXPANDING OUR REACH IN THE COMMUNITY

Art Therapy Studio has seen an increased presence in the community over the past 5 years, with a history spanning 52 years. We would like to thank our clients, funders, community partners, board of trustees, board-certified therapists and staff, and volunteers who have supported the mission of Art Therapy Studio to enhance the quality of life for those with physical, emotional, or cognitive challenges through the therapeutic use of art. We look forward to our continued growth and expansion into the community.

2016

CLIENTS

2,377

13,548 **Total Client**

Contacts

121 Unique individuals 125 Scholarships

WHAT STAFF ARE SAYING

"I believe that making art is a basic human endeavor that heals and enhances a life. I love being a part of the process in people's lives, I love talking about and making art. I love being present when other people have a 'light bulb' moment through an art process."

CONTRACTS

- MetroHealth service expansion to include adult outpatient oncology clients receiving chemotherapy and/ or radiation treatment.
- Began partnership with Family and Community Services to provide services to veterans in transitional housing in Warren, Ohio.
- Expanded partnership with Cleveland Public Library through communitybased art therapy program for adolescents in at-risk neighborhoods at 2 branch locations.
- Began services with Highland Springs for adults facing mental health challenges and addiction.
- 73% increase in services with Cleveland Treatment Center.
- 122% increase in services with MetroHealth.

Contract Income:

\$365,313.68 **Contract Ranges: Total** Contracts: 35,001-200,000 20,001-35,000 27 12,001-20,000 3,001-12,000 1,001-3,000

> **GRANTS** \$80,495

2017

CLIENTS

4,363 **Unique Clients** 17,929 **Total Client** Contacts

104 Unique individuals 126 Scholarships

WHAT STAFF ARE SAYING

2018

CLIENTS

15,694

Total Client Contacts

127 Unique individuals

112 Scholarships

"I really enjoy not only making art but appreciating what is created. Allowing others to experiment and the process of creating something unique is a powerful experience; it leads to deeper insight of simple elevation."

of my life. I enjoy sharing my knowledge with others, guiding them through the creative process and assisting with the planning and problem solving in the art and helping them to carry that process into their everyday lives. The art helps them to express themselves, to to heal."

WHAT STAFF ARE SAYING

"Art Therapy Studio is wonderful because of how supportive and kind the staff are. I feel like part of a team. I love working in a communitylike environment (community mental health), having longterm clients. I like being a part of something special and beneficial. I like how rewarding the work feels."

"I am able to affect change and support people in a creative way. It is rewarding to see someone grow and benefit from art therapy. Client resilience inspires me."

CONTRACTS

- 19% increase with Cleveland Public Library, expand to 4 additional
- 19% increase with Dept. of Veterans Affairs.
- 589% increase with Family and Community Services-expanding to 2

Contract Income: \$478,740.54



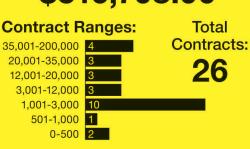
GRANTS \$71,375 "Art has always been a big part

process their experiences and

CONTRACTS

- Increase staff wages.
- Increase in services with Cleveland Public Library (226%), expand services at each location by 28 weeks.
- 9% growth with Dept. of Veterans
- 18% growth with Eliza Bryant Village. 29% growth with MetroHealth through
- VOCA expansion at 4 sites (ELC, LGBT, YWCA and Malachai).

Contract Income: \$516,708.00



GRANTS \$105,947

2015

CLIENTS

1,944

2014

CLIENTS

WHAT STAFF ARE SAYING

"I love the idea of using my art,

ideas and vision to engage my

clients in their interest and needs.

When the experiences come

together, it's just awesome!"

CONTRACTS

Louis Stokes Cleveland VA Medical

spinal cord injury unit.

Center added services for dementia

unit, acute psychiatric unit, long term

Eliza Bryant Village doubled programs

for adult day care and started

ATS secured new contracts for

woodworking program for men.

assisted living and skilled nursing

In partnership with Life Exchange

Cuyahoga County Board of Alcohol,

Services to begin art therapy program

Contract Income:

\$224,905.64

GRANTS

\$62,969

Contracts:

Contract Ranges:

20,001-35,000 1

12,001-20,000

3,001-12,000

1,001-3,000

Drug Addiction and Mental Health

Center, secured funding from

7,126

Total Client

Contacts

114 Unique individuals

Scholarships

1,849

Unique Clients

9,894

Total Client

Contacts 114 Unique individuals

102 Scholarships

WHAT STAFF ARE SAYING

"Working as an art therapist is a privilege. I get to show people how making art can be a healing, magical, transformative experience and how making art connects us to the core of what makes us human."

CONTRACTS

- ADAMHS Board of Cuyahoga County funding allowed for expansion of services to support individuals with
- addiction and mental health needs. New partnerships with Cleveland Treatment Center, Life Exchange Center, and Far West Center.
- New partnership with Cleveland Public Library to provide gallery space to showcase work of ATS artists.
- Increase in VA contract by 21%.
- Expanded services through ADAMHS board including increased services at Cleveland Treatment Center, Far West Center and Life Exchange Center.
- Expanded services through ADAMHS board including increased services at Cleveland Treatment Center, Far West Center and Life Exchange Center.

Contract Income:

\$308,157.05

23

Contract Ranges: Contracts: 35,001-200,000 1 20,001-35,000 4 12,001-20,000 2 3,001-12,000 8 1,001-3,000 3 501-1,000 2

> **GRANTS** \$59,436.55

Landscape by Jim Herman



Valor Home Veterans Group Weaving



Sister Spirit OfTheMotherLand by Linda Green



We Are Art by Adrianne Pitts



Untitled by Lamont Williams